Sacred Heart Catholic Academy Uniform FAQ for Parents

Why is the school so strict about uniform?

Our uniform standards help promote pride, equality, readiness to learn and a strong sense of belonging within the Sacred Heart community. Uniform expectations support our school values of ambition, love, respect and service, helping students to present themselves professionally and focus on learning.

Are there any changes to the school uniform?

Yes.

From September 2026, all Year 7 students will wear the new-style blazer and tie.

Students in Years 8–11 may continue to wear the current blazer, tie and PE kit during the transition period.

The transition will take place over one academic year, with all students expected to be wearing the new uniform by September 2027.

Where can I purchase school uniform?

The new school uniform is available from Paul's Place.

During the transition period, the current (old-style) blazer, tie and PE kit will continue to be available from both Paul's Place and Monkhouse at a discounted price to support families.

From September 2027, when all students move to the new uniform, Monkhouse will also begin stocking the new uniform range.

Summary of the Transition

September 2026: All Year 7 students wear the new blazer and tie.

Years 8–11: May continue to wear the current blazer, tie and PE kit during the transition period.

Current uniform: Available from Paul's Place and Monkhouse at a discounted price.

New uniform: Available now from Paul's Place.

September 2027: All students must be wearing the new uniform and Monkhouse will begin stocking the new uniform range.

What uniform must my child wear every day?

Students must wear:

- A school blazer at all times.
- A school tie, tied smartly.
- A shirt tucked in at all times.
- Black school shoes.
- An appropriately sized school bag that can hold an A4 folder without folding it.

Can my child wear a coat or jacket in school?

Coats and jackets may be worn outdoors and when travelling to and from school, but not inside the school building. Students must wear their school blazer during the school day, including when moving around the building and attending lessons. Sports jackets, PE hoodies and other sportswear must not be worn in place of a blazer

What are the expectations for school ties?

Ties must be worn every day and should be tied neatly and worn appropriately.

What colour shirt should my child wear?

Students should wear the approved light blue school shirt. Shirts should be clean, appropriately fitted and tucked in at all times.

Girls may choose to wear the approved revere-collared blue blouse as an alternative.

Does my child have to tuck their shirt in?

Yes. Shirts must remain tucked in throughout the school day. [Uniform | PDF]

What shoes are allowed?

Students must wear plain black school shoes.

The following are not permitted:

- Trainers.
- Sports shoes.
- Fashion trainers worn instead of school shoes.

What are the rules about skirts?

Skirts must:

- Be knee length.
- Never be rolled up.
- Gym-style skirts are not permitted.

Can students wear a jumper?

Both boys and girls may wear a plain navy V-neck jumper as part of their school uniform. Please note that the school blazer must still be worn as required.

What hairstyles are acceptable?

Hair should be neat, tidy and appropriate for school.

The following are not permitted:

- Dyed hair.
- Extreme hairstyles.
- Styles that draw unnecessary attention or do not reflect the school's professional standards.

Can students wear makeup?

Students may wear natural-looking makeup only. Makeup that is excessive, brightly coloured or clearly noticeable is not acceptable.

Are false nails or nail varnish allowed?

No. Students must have natural nails only.

The following are not permitted:

- Acrylic nails.
- BIAB nails.
- Shellac nails.
- Nail varnish of any colour.

What jewellery can students wear?

Students may wear:

- One pair of plain stud earrings in the lower ear lobe.

The following are not permitted:

- Multiple earrings.
- Facial piercings.
- Other visible piercings.

What type of school bag is required?

Students must bring an appropriate school bag every day.

The bag must be large enough to carry an A4 folder without bending or folding it. Small handbags and fashion bags are not suitable replacements for a school bag.

What is the minimum PE kit requirement?

All students must have:

- Plain navy T-shirt.
- Plain shorts.
- Plain socks.
- Trainers.

Are there optional PE items?

Yes. Students may wear:

- School-badged T-shirt.
- School-badged hoodie.
- Plain navy hoodie.
- Plain navy tracksuit bottoms.
- Plain sports leggings.

Can PE clothing have logos or branding?

No.

Any plain PE items must be free from:

- Logos.
- Brand names.
- Decorative designs.

Can students wear Skorts or PE skirts?

No.

Can students wear cycling shorts?

No. Shorts should be of a respectable length and not tight fitting.

What if I am experiencing financial difficulties with purchasing uniform?

We understand that families can sometimes face financial pressures. If you are concerned about the cost of uniform or PE kit, please contact the school as soon as possible. We are committed to working with families and will do our best to provide support and guidance where needed.

What happens if my child does not follow the uniform expectations?

We expect all students to follow the school's uniform expectations every day. Students who arrive in incorrect uniform may be challenged by staff and given the opportunity to rectify the issue.

Where students choose not to comply with school rules or repeatedly fail to meet uniform expectations, they may be placed in Reflection in line with the school's behaviour procedures.

Our aim is always to work in partnership with families to ensure students meet expectations and are ready to learn.

Who should I contact if I have questions about uniform?

Please contact your child's Head of Year or the school directly. We would much rather discuss any concerns before they become an issue and are always happy to work with families to help students meet our expectations.